

AUTISM

BEYOND DESPAIR

CEASE THERAPY

Homeopathy has the answers

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The birth of a healthy child is a miracle;
keeping a child healthy is an art.

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CHAPTER 1

THE FIRST DISCOVERIES

My interest in autism was sparked by my experiences with detoxifying children who were damaged by vaccines. Many behavioral problems soon disappeared when vaccines were detoxified, even when many of these children came to me for completely different reasons. In my practice it turned out that mood swings, aggression, restlessness, attention deficit disorder (ADD) and ADHD were often correlated to the many and early vaccinations in children. When some of my autistic patients greatly improved after the detoxification of their vaccines, my interest was aroused, and I became increasingly convinced that autism must at least partially tie in with the administration of vaccines.

At a Chicago congress on autism in May of 2003 I presented 30 cases of behavioral disorders that had significantly improved with the detoxification of the vaccines (among these were three autistic children). Here I learned the latest scientific research on autism and became inspired by the many therapeutic possibilities these new insights offered. This is a message of hope, and I no longer consider it appropriate to label autism an incurable disorder. The facts simply disprove this assumption.

Over the last few years I have focused more and more on the treatment of these children and after having seen over 300 of them, regardless of what their diagnosis was or what the severity was, I came to the conclusion that by my treatment virtually every child can be considerably improved, even up to complete healing. I have named the treatment CEASE Therapy (Complete Elimination of Autistic Spectrum Expression). I say 'virtually all' because there are a few exceptions. When the cause of the deeper disturbance is not found,

often because of a lack of information, then complete healing may not happen. Cure may not occur in cases with real brain damage as in certain brain diseases, in cases of strong epileptic fits or in post-meningitis or encephalitis cases.

But most autistic children are curable because their brains are not damaged but blocked. My journey through 300 cases of autism has been an exciting experience yielding the discovery of many causative factors. To guarantee the effectiveness of this CEASE therapy all over the world, I have decided to provide high-level training for certified homeopathic practitioners all over the world. In the coming years these methods may not yet be available in all countries, but our team will do its very best to make this wonderful treatment available at a very high standard to stop the suffering of these children and their families as soon as possible. In the Netherlands, homeopaths' interest in the first certification course was already overwhelming, with 85 homeopaths completing the course.

During the development of this treatment I became more and more aware that Isotherapy (i.e., using homeopathic preparations of the toxic substances that have caused the disease) gave me the key to wonderful healing processes. It also became clear to me that autism does not result from one single cause but rather from an accumulation of different causes. *So far the main obstacle to cure seems to be the lack of information about the causative factors. When important events in the life story of these children and their parents are overlooked or unknown, an essential key to the healing can be missed. When we know the causative factors in a child's life, we can almost always undo them with homeopathy.* This concept will become clear through case examples later in the book, such as the case in Chapter Three.

During my research for complete healing I became more and more amazed at how certain substances, even those not labeled as toxic, could be causative factors for autism or other developmental disorders.

For example, I saw a dramatic improvement in an autistic girl by the detox of a nasal spray, xylometazolin, which the mother had used regularly during her pregnancy. Conventional medicine (so often uses fundamentally toxic chemical substances) has become more and more of a pathogenic medicine. This is not only true for vaccines, but also for all kinds of treatments prescribed by my fellow doctors. When we prepare and use these same toxic substances as homeopathic remedies (more properly known as isopathic remedies), the profound toxic effects of these substances can be reversed and clearly linked to the patient's symptoms. You will find many examples in this book. The reactions to a needed isopathic remedy are so characteristic that the link between the causes and the effects are undeniable. In this way I discovered step by step why autism and other behavioral problems with specific developmental links have so dramatically increased over the last ten to twenty years with the increase in vaccines and prescription drugs for children.

With this isopathic treatment I also use orthomolecular medicine (nutritional supplements in therapeutic doses) to nourish the brains of these children and to restore proper intestinal function. Many supplements have some usefulness for the treatment of autism, but I have found only a few to be necessary, like Vitamin C, magnesium, zinc and fish oil. In my treatment these supplements serve as a support for the healing process which is actually being carried out by the isopathic treatment. These supplements make the whole healing process smoother and help minimize reactions to the detoxification. But it should be clearly noted that in my experience it is impossible to heal autism with supplements alone, simply because autism is not caused by the deficiency of certain vitamins or minerals. Nevertheless, with these supplements we regularly see steady improvements in the conditions of these children.

As a third arrow in my quiver, I also use classical homeopathy and Inspiring Homeopathy, which will be defined and discussed extensively in the

next chapters. They both can play an important role in the complete healing of autistic children, although without the resolution of specific causes which are responsible for the development of autism, classical homeopathy alone rarely brings about complete healing. Nevertheless this way of healing can give very encouraging results as will be shown in this book. It must be said here clearly that this CEASE therapy can only be executed by well trained homeopathic practitioners.

In this book many new concepts will be introduced as part of a system of healing which is so radically different from conventional medicine that it is difficult to believe and difficult to assimilate. These new concepts will become increasingly clear with the many case examples provided. I suggest that readers new to homeopathy read the entire book at least twice and refer to the glossary at the end for unfamiliar terms. The CEASE therapy will be much more believable and understandable the second time around.

If we fail to take the right measures, a continuously and rapidly growing number of our children will become severely handicapped in the near future. A much greater awareness is also necessary concerning the use of medical drugs during pregnancy and delivery. Every chemical substance that is unnatural is potentially toxic. The statement that drugs are safe for use during pregnancy just tells the doctor that there are no *known* genetic disturbances or major side-effects, but that does not mean that they are safe. Sometimes doctors have no choice, as in epilepsy, colitis, malignant hypertension, asthma, emergency surgery, etc. But many of the inconveniences of pregnancy like acid reflux, morning sickness, premature contractions, etc. can be cured easily with natural medicine and homeopathy. Parents should choose the non-toxic option first and be aware of the possible side-effects of regular drugs for the unborn baby. Also food and drinks should be an issue of importance for the future mother. Organic food should be the preference. With the CEASE therapy we are now investigating

glutamates, aspartame, and plastic softeners as possible causative factors for autism.

With the creation of the CEASE Therapy and the CEASE Organization, it is my dream that this treatment will become readily available all over the world. In this way parents can choose if and how they want their child to be healed, because *healing is possible*. Let us stop calling autism an incurable disease; the facts simply contradict this view. In the near future we can begin research to document the effectiveness of this approach.

CHAPTER 2

HOMEOPATHY HAS THE ANSWERS

Different types of homeopathy and their healing potential

To understand fully the potential of homeopathy, we have to consider which type of homeopathy can achieve our goal of completely healing autism. In other disease conditions, the most elegant and powerful way to heal a patient is with classical homeopathy (using a single remedy to cover the totality of mental, emotional, and physical symptoms), which will be discussed later in this chapter. But in my experience classical homeopathy alone is rarely sufficient to achieve complete healing in autism, although it can sometimes give very significant improvement. The key to the healing of autism with homeopathy is not the classical homeopathic approach but Isotherapy (using a homeopathic remedy made from a safe preparation of the toxic causative agent), as you will learn throughout this book.

Pathways of transfer from mother to child

The health of our children begins with the health of both father and mother before conception. Then many factors, both prenatal and in early childhood, affect the overall health of the child: medication, vaccination, food, environmental intoxication (poisoning); the use of drugs during pregnancy; the quality of the pregnancy itself; the delivery (with or without medication); the medical history; and especially the use of drugs on the child during the first two years of the life. Pregnancy and early childhood are decisive for the later health status of our children.

The brain of an unborn baby and of a baby under the age of two is extremely sensitive to all kinds of influences and can easily be

harmed by chemical substances. Fat-soluble molecules, including those of oxygen and carbon dioxide, anesthetics, and alcohol can pass straight through the lipids in the capillary walls and so gain access to all parts of the brain. Especially in the first three months of the fetus the blood-brain barrier is not fully formed, Sometimes these substances cannot be avoided. For that reason parents and doctors should be extremely careful with the administration of any substance that is unnatural or chemical. Any drug, even one considered safe for the unborn child, should be considered as potentially toxic, based on my experience in having to counteract the effects of these drugs. Later in this book you will find many cases where medication during pregnancy has contributed substantially to the development of autism or other behavioral problems. Sometimes drugs or diseases even from before the pregnancy can play an important role and have to be corrected with homeopathy.

To understand fully how the health of our future children is affected, it is important to know that their health during the pregnancy and the first two years depends on three different means of transmission from the mother to the child:

Genetic transfer: as we know, the child receives half of its genes from each parent. It has to be said that most children are born genetically healthy. Autism is often referred to as a genetic disease, but a genetic disease cannot increase within one generation as rapidly as autism has.

Material transfer: toxins can pass through the umbilical cord during pregnancy, including heavy metals, drugs the mother takes, alcohol, tobacco, toxic products in her food, etc. Once the baby is born, toxins can enter via its food (breast feeding or bottle feeding), by the air it is inhaling (for example from fresh paint and vinyl covering on the floor of a baby's bedroom), through its still very permeable skin (shampoo, soap and creams with parabens, ethyl glycol, phthalates, bisphenol A, etc.) and by medication (antibiotics, anesthesia, vaccines, etc.).